

Virginia Bound

If Using Recycled Used Clothing:

Blocks

6 light shirts in a variety of prints, stripes and plaids cut into strips of various widths from 1-3 ½ inches. Strips and strings can taper from narrow to wide for extra interest.

6 dark shirts in a variety of prints, stripes and plaids cut into strips of various widths.

Outer Border

A variety of dark green shirts cut into 3 inch wide strips, a variety of dark blue shirts cut into 3 inch wide strips, a variety of light blue and neutral-colored shirts cut into 3 inch wide strips. A size XXL mostly solid orange shirt cut into 3 inch wide strips, 1 red plaid shirt cut into 3 3/8 inch strips.

Inner Border

½ yd. dark blue or a variety of dark blue strips leftover from the block prints.

If Using Yardage: Look for plaids, stripes and prints resembling men's shirts.

Blocks

2 yds of a variety of light neutral colors cut into strips of various widths.

3 ½ yds of a variety of dark colors cut into strips of various widths.

Outer Border

3-4 fat quarters of a variety of dark greens cut into 3 inch wide strips.

3-4 fat quarters of a variety of dark blues cut into 3 inch wide strips.

3-4 fat quarters of a variety of light blues and neutral colors cut into 3 inch wide strips.

½ yard orange, cut into 3 inch wide strips.

1 fat quarter red, cut into 3 3/8 inch strips.

Inner Border

½ yard dark blue or a variety of dark blue strips leftover from the blocks

Binding: ¾ dark blue cut into 2 ½ inch strips or a variety of leftover block fabric.

Backing: 6 yards

Tools: Size 90/14 denim needles for foundation piecing, 1 pad of 8 ½ x 11 inch transparent tracing paper.